### Appendix Table 13. Included Studies: Adults, Continued*

<table>
<thead>
<tr>
<th>Study, Year (Reference)</th>
<th>Intervention Format</th>
<th>Follow-Up Time Frame</th>
<th>Outcomes</th>
<th>Results</th>
<th>USPSTF Quality</th>
</tr>
</thead>
</table>
| Hempel, 1992 (35)      | To increase seat belt use  
                      Adult  
                      Individual; video  
                      2 contacts totaling approximately 8 min over 6 mo | 6 mo | Behavioral outcomes: Seat belt use assessed through questionnaire using a linear scale  
                      Health outcomes: NR  
                      Harms measure: NR | IG seat belt use:  
                      Baseline: 22%  
                      6 mo: 37.3%  
                      P < 0.001  
                      CG seat belt use:  
                      Baseline: 20%  
                      6 mo: 33.6%  
                      P < 0.001  
                      P = NS (between groups) | Fair to poor: High attrition (25%); analyzed completers only; outcome was self-reported and was not well masked |

* CG = control group; IG = intervention group; NR = not reported; NS = not significant; USPSTF = U.S. Preventive Services Task Force.