### Appendix Table 13: Included Studies: Adults, Continued*

<table>
<thead>
<tr>
<th>Study, Year (Reference)</th>
<th>Intervention Format</th>
<th>Follow-Up Time Frame</th>
<th>Outcomes</th>
<th>Results</th>
<th>USPSTF Quality</th>
</tr>
</thead>
</table>
| Hempel, 1992 (35)       | To increase seat belt use Adult Individual; video 2 contacts totaling approximately 8 min over 6 mo | 6 mo | Behavioral outcomes: Seat belt use assessed through questionnaire using a linear scale Health outcomes: NR Harms measure: NR | IG seat belt use:  
Baseline: 22%  
6 mo: 37.3%  
P = 0.001  
CG seat belt use:  
Baseline: 20%  
6 mo: 33.6%  
P < 0.001  
P = NS between groups | Fair to poor: High attrition (25%); analyzed completers only; outcome was self-reported and was not well masked |

* CG = control group; IG = intervention group; NR = not reported; NS = not significant; USPSTF = U.S. Preventive Services Task Force.